International Summer School for Teens

STIRLING
International Summer School for Teens (ISSFT) is a broad ranging and all-inclusive International Summer School in the United Kingdom for students, aged 12-17 years. At ISSFT, we are proud to provide first-class teaching, world-class facilities and a varied programme of exciting activities, based in a truly inspirational setting.

ISSFT was born from an enthusiasm for the international school and Baccalaureate system. We are passionate about working with young people of different cultures, to spark their imagination and inspire them for the future.

Our learning outcomes provide new opportunities for students, including the chance to appreciate different perspectives. Our main objective is to provide a World Education, see our students grow in confidence and ultimately make good life decisions. We want to prepare them and see that they flourish.

ISSFT staff are committed to the highest standards of quality and care. Our teaching team have designed daily lessons to instil confidence and encourage communication skills. In order to create a diverse community for our English Language programme, we aim to accept 10% per nationality.

Students experience a vibrant and inspirational environment in which to live and learn, whilst also enjoying the ‘home from home’ comforts of their own modern bedroom and bathroom, communal flats and freshly prepared meals.

We are located on a campus, regularly described as one of the most beautiful in the world, and rated as one of the safest in Britain.

The quality of our environment, our facilities, our entertainment and our pastoral care is unrivalled.
In the morning, students study one academic class, which they enrol in for the duration of their stay.

Classes include:

- English Language
- Global Entrepreneurship
- Study Skills (PRE IB/GSCE PREP)
- Introduction to Law and Economics

For students who are intermediate to advanced English speakers, we invite them to enrol in a class which matches their interests, but where they can also develop language skills in a ‘real life’ context.

These classes are also open to fluent English speakers, complimenting the unique international environment that we offer at ISSFT.

All ISSFT classes are designed to build confidence and enhance individual communication skills.

In the afternoon, students take part in one sporting or creative activity which they want to develop during the summer school.

Electives include:

- Golf
- Tennis
- Creative Coding
- Theatre

At ISSFT, we are dedicated to the highest standards of pastoral care and innovative teaching, whilst also maintaining a safe, relaxed and friendly atmosphere.

We always keep in mind that it’s the summer vacation, so our programme includes a wide range of social and evening activities, as well as cultural day trips to absorb our unique Scottish history and culture.

We are proud to do things differently and offer a tailored summer experience, where learning goes beyond the classroom.

PROGRAMME

International Summer School for Teens (ISSFT) is an all-encompassing educational programme, offering full immersion in the English language, as well as sporting and creative excellence. We are proud to provide first-class teaching, world-class facilities and a varied activity programme in a truly inspirational setting. Through our unique curriculum, we encourage intellectual curiosity and support our students in developing a healthy sense of independence and self esteem.
ACADEMIC STUDIES

English Language • Study Skills (Pre IB / GCSE) • Global Entrepreneurship • Pre Law and Economics

ISSFT students enjoy a safe and inspiring environment, where they can enhance their learning through travel, fun and friendship. All our academic classes are designed to be fun, engaging and mindful and students choose which one they enrol in for the duration of their stay.

We provide students with the opportunity to learn new skills, whilst working in a supportive team environment. Projects are often group orientated, in order to encourage the flow of ideas and enhance individual communication skills.

We also take time to reflect on the learning process and the outcomes we wish to achieve. At the beginning of each session, our teachers will discuss with their group what they would like to get out of the class. We then make every effort to tailor class lesson plans to those interests and goals.

The end result is that each student feels valued, part of the group and by the end of Summer School will have accomplished what they set out to achieve. Classes are open to all students, regardless of levels and interests.
ENGLISH LANGUAGE

English Language students work in small groups to build confidence in grammar, vocabulary, pronunciation, speaking, listening, reading, writing and colloquial English. This class is well suited to students who are at beginner to intermediate level. We invite students who are intermediate to advanced speakers to enrol in one of our other classes, where they can apply their language skills in ‘real life’ scenarios. ISSFT is a full English immersion summer school.

Itinerary
- 39 hours of dedicated English language tuition.
- Tuition delivered by qualified CELTA/TEFL English teachers.
- Students will have the daily opportunity to practice speaking in structured conversations.
- Lessons will be project orientated and will require students to present information to the class, using their spoken language skills.
- Students will read from modified texts and will learn various strategies to assist with comprehension. They will also develop analytical skills to interpret literature and images.
- Students will be writing on a daily basis, practicing grammar structures and learning new vocabulary. They will write a variety of personal narratives, descriptions, reports, poems and creative fiction.

Course Expectations
We expect all students to engage with course concepts by thinking, reading, writing and participating to the best of their ability. This will include working as part of a team, but also working on individual assignments.

Our primary goal is to provide constructive feedback on course work and engage students in conversation. A final report will be drafted upon completion of the class, which will discuss what was covered in class, areas for development, strengths and individual contribution.

Learning outcomes for all classes see our students grow in confidence and develop their overall communication skills.
Our Study Skills class is specifically for students who will be starting the International Baccalaureate (IB) Diploma/GCSE exams after the summer. Lessons will cover topics such as time-management, planning a workload, essay-writing, presenting with confidence, taking notes and exam preparation. With specific reference to the IB, students will discuss requirements for the IB extended essay, CAS and theory of knowledge. This class is designed to instil students with the skills and confidence required for academic success. It’s also highly recommended for students who want to work on their English language skills in a more academic context.

**Itinerary**

- Dealing with change (workload, routine, timetable)
- Time management, note-taking and listening skills
- Effective writing skills (comparing, contrasting, defining, elaborating, describing and structuring an academic essay)
- Reading (with purpose: extracting information, focusing, analysing text and developing critical thinking skills)
- Verbal skills (listening, focusing, presenting, debating, role-playing)
- Discussing University, future career choices and UKAS
- Sources (how to use the library, avoid plagiarism, referencing, maintaining academic integrity)
- Assessment and interpreting results
- Preparing for exams (SAT, ACT, IELTS, Cambridge International Examination)
- Writing an extended essay
- Introduction to CAS, TOK, DoE
- UKAS Studying/Assignments (practicing time management, planning work, breaking down tasks, meeting deadlines)

**Learning Outcomes**

- Discover essential techniques to assist with future academic studies.
- Gain the confidence to apply these techniques with ease, when starting new projects or taking tests.
- Learn to be mindful and put things in perspective, enabling enjoyment of the learning process without feelings of being overwhelmed.
INTRODUCTION TO LAW & ECONOMICS

For students who are starting to think about university and future career paths, this is an excellent course to gain exposure to the legal process, the fundamentals of economic theory and market structures and how they affect our daily lives. Students will learn about the different types of legal theory, ranging from contract law to criminal law and civil procedure.

Itinerary

• Covering the basics of economic and legal theory and real world application
• Gaining understanding of supply and demand as well as different market structures
• Covering topics such as the different types of law, government intervention, international trade and market failure
• Examining different career paths
• Preparing for IB or GCSE Economics and IB or GSCE Politics and Law

Learning Outcomes

• Developed critical thinking, analytical and problem solving skills
• Improved verbal, written, communication and research skills
• The ability to interpret and apply complex information
• Insight into future academic and career options

“We limit our numbers to 10% per nationality, in order for students to become part of a diverse and international community.”
The global entrepreneurship lessons were both fun and helpful. I learned about even the smallest nuances in running a business. The environment that the school provides is highly enjoyable and I would love to experience it again.

GLOBAL ENTREPRENEURSHIP

Our Global Entrepreneurship class is well-suited to any budding entrepreneur. However, it’s also a great fit for students interested in debating, global issues, problem solving and leadership.

Itinerary

This course is structured in the style of a “Dragon’s Den” scenario where students develop a business idea and learn about advertising, business plans, competitive advantages, customer demographics, entrepreneurial spirit, ethical issues, financing, networking, digital marketing, product development and social responsibility. This course helps students develop their understanding of the real business world and gain the confidence to enable them to pursue future career goals.

Learning Outcomes

- Inspiration for the future.
- An understanding of project management, strategy and teamwork.
- The ability to make future university or job applications stand out.
- Knowledge of inspirational leaders and concepts of leadership.
- Motivation from enthusiastic teachers in an inspiring environment.
- Creative thinking on a global scale and hands-on problem solving.
We use sport, arts and culture to unlock our students’ potential. With classrooms that look onto rolling hills, a 12th-century castle at Stirling and the iconic Wallace Monument, students are inspired to think creatively and apply themselves in new ways.

Our Summer School roots lie in sport, something that remains central to the ISSFT ethos. It’s for this reason that we are based at Scotland’s University for Sporting Excellence.

We always ensure that our students have access to top facilities, the best teachers and ultimately have a high-quality experience, where learning and fun go hand-in-hand.
GOLF

Our Golf Summer School is designed to give all of our students, regardless of their level or ability, the unique experience of playing in Scotland, the “Home of Golf.”

Itinerary

• 39 hours of golf tuition, from our PGA qualified Golf Coach, who is a renowned specialist in junior golf coaching.
• For beginners, we offer a perfect introduction to golf, guiding you through all aspects of the game, in a fun, friendly and inspirational setting.
• For Intermediate and Advanced players, our specialist coaches evaluate your current level and work with you to improve your game and reduce your handicap. Lessons will cover swing improvement, short game, distance control and mental focus.

Facilities

• Improved technical ability and overall understanding of the game.
• Individual evaluation and an improvement plan to take home.
• Strategies to improve focus, concentration and coordination.
• Experience on prestigious, championship courses.
• Competition in our fun, but challenging, golf tournament.
• Opportunities to make new friends through small, group lessons.

*Advanced Players, will have the opportunity to play some of the world’s finest golf courses. To date our students have played St Andrews Links Courses, Dunoon Links, Royal Troon.**Gleneagles as well as the famous Old Course in St Andrews.

Learning Outcomes

• Improve technical ability and overall understanding of the game
• Receive hands on coaching which includes individual evaluation and an improvement plan to take home
• Develop strategies to improve focus, concentration and coordination
• Play on prestigious, championship courses
• Compete in our fun but challenging golf tournament
• A great opportunity to make new friends through small group lessons

*All Golf students will visit St Andrews, where they will see the famous Old Course and play a Links course.

**Please note, play at Gleneagles and the St Andrews Old Course will be determined by coaches and at the players’ own expense.
TENNIS

Our Tennis elective develops fitness and strategy - teaching the finer, technical elements of the sport. We have access to six indoor and two outdoor clay courts, which collectively comprise the Scottish Tennis Centre. Coaches are LTA qualified and focus on speed, coordination, strategy and overall technique. This class is open to students of all levels and, like everything we do at ISSFT, has an emphasis on learning through teamwork and fun.

Itinerary

• 39 hours of tennis tuition.
• Working in small groups to develop technical ability, mental focus and coordination.
• Lessons on groundstroke, net play, footwork, all styles of serve, return of serve, strategy, tennis specific fitness, balance, speed, strength, forehand, backhand, approach shot and overhead shot.
• A fun, but challenging, end of Summer School Tournament.

Facilities

• Six indoor and two outdoor clay courts.
• Gym (over 16’s).
• Tennis play during your free time at no extra cost.

Learning Outcomes

• Improved technical ability and overall understanding of the game.
• Individual evaluation and an improvement plan to take home.
• Strategies to improve focus, concentration and coordination.
• Play on prestigious courts that have hosted Wimbledon and Grand Slam champions, like Andy Murray.
• Opportunities to make new friends through small, group lessons.
Our Creative Coding elective is an introductory class for students interested in Computer Science, Mathematics and General Science. Students will learn the fundamentals of coding, theory, language and animation. They will work on projects ranging from Game Design to App Development, gaining an understanding of STEM and future career opportunities. This class develops problem solving, teamwork and communication skills.

**Itinerary**

- Learning the fundamentals of coding, including programming logic, language and animation.
- Applying new skills to other basic programming languages such as Python and Java.
- Working on mini projects, including Game Design and App Development.

**Equipment**

Students are encouraged to bring their own laptop so they can take their work home with them. Laptops can be provided if required when sufficient notice is given.

**Learning Outcomes**

- Ability to plan and write code.
- Development of problem-solving, logic and analytical skills.
- A creative interest in the world of technology.
- Introduction to STEM (Science, Technology, Engineering, Mathematics) and future careers.
- An opportunity to make new friends in a fun, friendly environment.
- Increased confidence in taking on new challenges.
THEATRE

Our Theatre class offers students the opportunity to understand the creative process involved in interpreting and performing a piece of theatre. Students work as a group to understand different types of theatre and how they apply to different cultures, contexts and periods of time. This class gives students insight into the theory behind theatre, as well as hands-on experience. It’s great for developing confidence and communication skills in students of all ages, levels and backgrounds.

Itinerary

- Participating in exercises that explore the techniques of acting.
- Developing skills related to voice projection.
- Exploring the importance of movement in storytelling.
- A creative experience in writing and producing a piece of work.
- Reflecting on the creative process.
- Learning about improvisation.
- Producing an end of Summer School recital.

Learning Outcomes

- Improved technical ability and theoretical understanding.
- Development and application of skills in the creation and performance of theatre.
- An appreciation of the variety of forms, practices and traditions within theatre.
- Improved communication skills.
- Achievement of a final Summer School production, with all the rewards of teamwork.
Throughout the 3 weeks of Summer School, our students will take part in organised activities at scheduled times during the afternoon and evening.

Our activities are designed to promote sportsmanship, encourage teamwork and build confidence in our students.

Scotland and our amazing campus facility is perfectly suited to lots of fun and challenging games and facilities, in and out of doors.

Activities include:

- Braveheart Team Events
- Hiking
- Canoeing
- Raft-building
- Basketball
- Softball
- Swimming
- Ultimate Frisbee
- Dodgeball
- Soccer
- Badminton
- Volleyball
- Table tennis
- Mini golf
- Art
- Cookery
DAY TRIPS

At the International Summer School for Teens, we ensure that every one of our students enjoys a full cultural experience that includes visits to some of Scotland’s most prominent landmarks. Excursions include day trips to Scotland’s vibrant university cities and breathtaking tourist attractions.

Edinburgh
Scotland’s capital city, Edinburgh has a medieval Old Town and an elegant Georgian New Town. The city is overlooked by the famous Edinburgh Castle, which is home to Scotland’s crown jewels and the Stone of Destiny. It boasts beauty, history and culture.

Glasgow
The biggest city in Scotland, Glasgow is renowned for its museums, great shopping and famous university scene, which has included notable alumni, such as Adam Smith. In 2014, Glasgow hosted the MTV Awards, the MOBO’s and the Commonwealth Games.

Loch Lomond
The largest inland stretch of water in Great Britain and surrounded by breathtaking mountains, Loch Lomond is one of the most dramatic landscapes in Scotland. Our students will enjoy a day of water sports, shopping and sightseeing.

Stirling Castle
Stirling is one of the largest and most important castles in Scotland. Several Scottish Kings and Queens have been crowned at Stirling, including Mary Queen of Scots, who was also the first woman ever to play golf!

St Andrews
A popular tourist destination, St Andrews is known for its famous golf course, ‘The Old Course’, which was host to the 2015 Open Championship.

Gleneagles
Gleneagles is famous for its world class golf courses. The Jack Nicklaus designed PGA Centenary Course recently hosted the Ryder Cup in 2014. When asked about his work, Nicklaus said, “It’s the finest parcel of land in the world I’ve ever been given to work with.”

National Wallace Monument
The Wallace Monument is a tower standing on the summit of Abbey Craig, a hilltop near Stirling. It commemorates William Wallace, the 13th-century Scottish hero, who inspired the film Braveheart.
EVENING ENTERTAINMENT

The ISSFT schedule in the evening offers students a chance to relax, socialise and have fun. A wide range of activities are carefully organised to cater to all tastes and interests. Evening programmes are about switching off from lessons and making the most of the summer vacation. All students must attend and are often split into houses, which gives them the chance to make new friends. Activities range from discos, to outdoor sports and creative cookery competitions. They offer the chance to try new things, to get involved and ultimately have lots of summer fun!

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<th>Evening Programmes</th>
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<td>• Disco</td>
<td>• Final school theatre production</td>
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<th>Brave Heart Evening Programmes</th>
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<td>• Dodgeball</td>
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WHERE ARE WE?

Situated in the historical heartland of Scotland, ISSFT is centrally located 40 minutes from Edinburgh International Airport. The campus is situated on the stunning woodland estate of the University of Stirling in Scotland. Regularly referred to as one of the most beautiful and well-equipped campuses in the world, it’s also acknowledged as Scotland’s University for Sporting Excellence.

The campus has a small, friendly feel to it and perfectly balances the traditional and the modern. Nestled in the trees at the foot of the Highlands, our students reside in modern accommodation with stunning views of Wallace monument, the campus’ original 18th Century castle as well as a beautiful, private lake. The Summer School benefits from a wonderful central location with the Scottish Highlands to the north and major UK cities, Edinburgh and Glasgow only a short journey to the south.

Our students will visit Scotland’s major tourist attractions and experience some of the best shopping outside of London.

Whilst living in comfort and enjoying Scotland’s historical and natural beauty, our summer school students also enjoy an onsite golf course and driving range, Olympic swimming pool, and state of the art teaching and sports facilities.

The University of Stirling estate is considered one of the safest campuses in the United Kingdom and all students are supervised 24 hours a day.

The campus is a ten-minute walk from the small town of Bridge of Allan, a historic Victorian spa town which has several charming shops and cafes for our students to explore. All trips to the local town are supervised by staff. Students are not permitted to leave the campus alone without the consent of the Summer School director.
Parents need to know that their children are being looked after properly. Our dedicated staff go the extra mile to make sure that all aspects of the Summer School programme run seamlessly. They make sure that your kids are safe and having a wonderful life experience.

Our fully contained campus location is recognised as one of the safest in the United Kingdom. We have 24 hour campus security (including in our halls of residence) and our pastoral care team live alongside students, 24 hours a day.

We understand that for many of our students, their experience at Summer School may be their first time away from home, or in Scotland. Whatever your individual circumstances, or unique background, we recognise that as an ISSFT student you should always be comfortable, secure and happy, throughout your 3 week stay.

Our experienced pastoral care team are available 24 hours a day, living alongside students to make sure that everyone feels at home and settles in quickly.
ACCOMMODATION

Our students live in some of the most modern and comfortable student accommodation in the world. Our students reside in single occupancy, 4-star rated bedrooms. All rooms are ensuite.

All of our students have a bedroom to themselves, which includes their own toilet, shower and place to study. As the course is for 3 weeks, we find students appreciate their own space and clean bathroom. That being said, they are only in their rooms to sleep, as the Summer School schedule keeps them busy throughout the day.

Whilst on campus our students will also enjoy:

- Free Wi-Fi access
- Superior Pastoral Care, 24 hours a day
- Three freshly prepared meals per day
- Rooms cleaned every week (with fresh linen and towels provided)
- Access to laundry facilities
- 24-hour campus security (including in halls of residence)
- Free swimming, golf and tennis
- Friendly and relaxed communal living
- Onsite Pharmacy and Medical Centre
- Beautiful woodland setting in the historical heartland of Scotland
If you are interested in applying to the International Summer School for Teens, please contact us today on +44 (0)131 202 6656 or info@issft.com. Applications should be submitted via the Apply Now link at our website, www.issft.com. Online payments can also be made via the website. You will receive a confirmation email within 24 hours, followed by an International Summer School for Teens Welcome Pack.

For parents who are keen to join their children on a trip to Scotland, our team are happy to recommend hotels, whiskey tours, spas and golf courses which match your specific requirements.

For more information, please contact our Admissions Team.

Contact Us
T +44 (0)131 202 6656
E info@issft.com
W www.issft.com

YOUR STAY INCLUDES

3 Week Stay

Fees Include

- Participation in 3 Week Exclusive Summer School Programme (Longer stays available)
- Modern, single en-suite accommodation
- 39 hours of academic tuition
- 39 hours of elective tuition
- 24-hour supervision
- All cultural trips and outdoor activities
- 3 meals a day
- Varied and fun evening activity programme
- Course materials
- Access to swimming pool, golf course and tennis courts
- Two full-day excursions per week
- Wi-Fi in rooms
- Airport transfers to and from Edinburgh International Airport, within scheduled times
- Rooms cleaned every week (with fresh linen and towels provided)
- Laundry facilities on site
- ISSFT T-Shirt
- Course certificate and student assessment
- A UK Summer School experience you will never forget!

To find out more about our dates and fees please visit www.issft.com or email us at info@issft.com.

HOW TO APPLY