
THE
INTERNATIONAL
SUMMER SCHOOL
FOR TEENS
ISSFT
EST. 2014
UNIVERSITY OF OXFORD | UNIVERSITY OF ST ANDREWS







ISSFT
EST. 2014

BRUCE
ISSFT
2018



WELCOME TO ISSFT

The International Summer School for Teens (ISSFT) offers an unforgettable opportunity for students from around the world to learn, grow, and connect in inspiring, safe, and supportive settings.

Designed for ages 13 to 18, our all-inclusive programme combines academic and elective classes, all delivered in English to encourage confidence and fluency in an international environment. English is also offered as one of the academic options, with levels to suit both native and non-native speakers. Beyond the classroom, students take part in a lively programme of sports, creative activities, and social events.

With campuses at the world-renowned University of Oxford and the historic University of St Andrews, ISSFT delivers a summer experience like no other—rich in learning, culture, and lasting friendships.

PROGRAMME

No matter which campus you choose - St Andrews or Oxford - you'll take one academic class each weekday morning lasting three hours. Classes include*:

- ✔ Intensive English
- ✔ Advanced English with Study Skills (Pre IB/ GCSE)
- ✔ Global Entrepreneurship
- ✔ Global Leadership
- ✔ Medicine
- ✔ Computer Coding & AI

In the afternoon, you'll spend your time developing skills in the elective subject you chose at the beginning of the programme. Subjects include*:

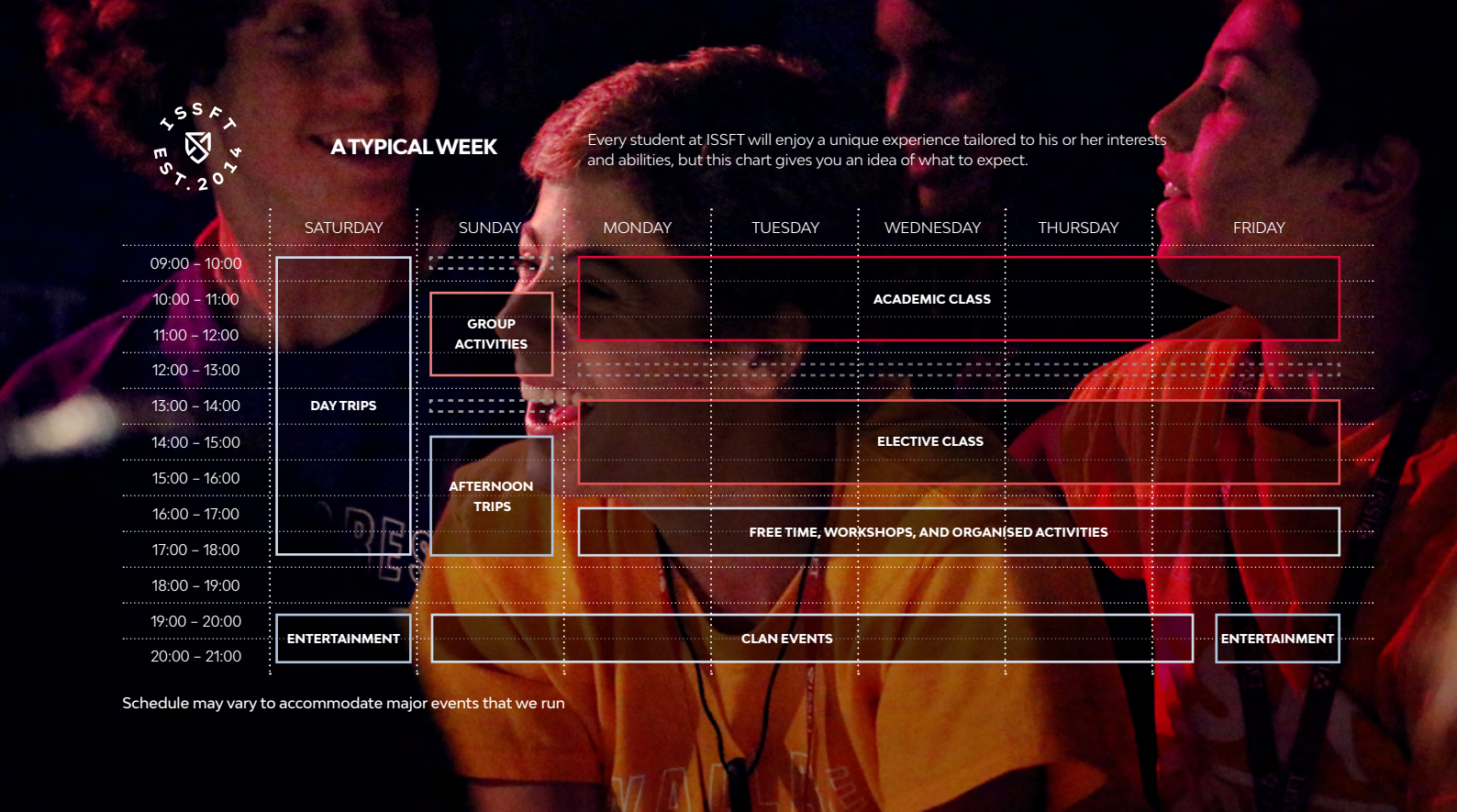
- ✔ Golf
- ✔ Tennis
- ✔ Theatre
- ✔ AI and Computer Science
- ✔ Sports Leadership
- ✔ Photography & Digital Media

The ISSFT experience is an enriching travel experience as well as an educational programme. So there's a wide range of fun activities for evenings, weekends and day trips to all kinds of exciting destinations.

* Please note that academic and elective programmes are campus specific. Please contact us if you would like clarification.







A TYPICAL WEEK

Every student at ISSFT will enjoy a unique experience tailored to his or her interests and abilities, but this chart gives you an idea of what to expect.

	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
09:00 – 10:00			ACADEMIC CLASS				
10:00 – 11:00		GROUP ACTIVITIES					
11:00 – 12:00							
12:00 – 13:00							
13:00 – 14:00	DAY TRIPS		ELECTIVE CLASS				
14:00 – 15:00							
15:00 – 16:00		AFTERNOON TRIPS					
16:00 – 17:00			FREE TIME, WORKSHOPS, AND ORGANISED ACTIVITIES				
17:00 – 18:00							
18:00 – 19:00							
19:00 – 20:00	ENTERTAINMENT	CLAN EVENTS					ENTERTAINMENT
20:00 – 21:00							

Schedule may vary to accommodate major events that we run

WHAT'S INCLUDED

Open to students aged 13–18 from all nationalities and backgrounds, our programmes offer an enriching mix of academic challenge, cultural discovery, and fun—all in one inclusive experience.

Students stay in modern, comfortable en-suite rooms, each featuring a private bathroom, personal study space, fresh linen, and towels.

All accommodation is secure and supervised, with students separated by age and gender. Whether surrounded by historic charm or sleek design, every setting offers a safe, comfortable, and inspiring environment ideal for both focus and relaxation.

All-Inclusive Experience
Tuition, meals, activities, excursions, and entertainment are fully included—everything needed for an unforgettable summer.

To book a place or for more information visit **www.issft.com** or email us at **info@issft.com**

What's Included in Your ISSFT Experience

- ✔ Expert-led academic and elective tuition
- ✔ All course materials and resources
- ✔ Full programme of evening and weekend sports, games, and social activities
- ✔ Exciting excursions and specialist activities across the UK
- ✔ A personalised digital academic report and course completion certificate
- ✔ Every student has their own private bedroom and ensuite bathroom, offering comfort, personal space, and privacy. Comprehensive medical and travel insurance
- ✔ Secure online portal for students and parents
- ✔ Transfers to and from Edinburgh and London Heathrow airports (within scheduled times)
- ✔ Three nutritious meals a day, with options for all dietary requirements.
- ✔ Welcome pack and your very own ISSFT clan t-shirt

And above all...

- ✔ An unforgettable UK summer school experience in St Andrews or Oxford!













THE INTERNATIONAL
SUMMER SCHOOL
FOR **STUNNING LOCATIONS**











OUR LOCATIONS

OUR UNIVERSITY OF OXFORD CAMPUS IS SET IN ONE OF ENGLAND'S MOST ICONIC CITIES, SURROUNDED BY HISTORIC COLLEGES, WORLD-CLASS MUSEUMS, LIBRARIES, AND LIVELY CAFÉS—AN INSPIRING BLEND OF TRADITION AND MODERN STUDENT LIFE.

OUR NEW UNIVERSITY OF ST ANDREWS CAMPUS SITS ON SCOTLAND'S STUNNING EAST COAST, WHERE MEDIEVAL STREETS MEET SEA VIEWS. JUST OVER AN HOUR FROM EDINBURGH, IT OFFERS A UNIQUE MIX OF HISTORY, BEAUTY, AND ACADEMIC EXCELLENCE.






SCOTLAND
ISSFT St. Andrews
Glasgow
Edinburgh
ENGLAND
Birmingham
ISSFT Oxford
London

WELCOMING, SAFE LOCATIONS

UNIVERSITY OF OXFORD

The world's most famous university.

Founded in 1714, our University of Oxford campus is located in the heart of historic Oxford. Set within 26 acres of award-winning gardens and woodland, the grounds include a lake, on-site sports fields, and a magnificent orchard.

Students can shop and socialise in the extensive range of trendy shops and buzzing cafés that make up the city centre.

The University of Oxford is one of the leading and most famous universities in the world. Oxford has educated a wide range of notable alumni, including 28 prime ministers of the United Kingdom and many heads of state and government from around the world.

Airport transfers are included to and from London Heathrow. London Heathrow is the third largest airport in the world by international passenger traffic, and operates regular flights for most destinations worldwide.












BRUCE


NEW COLLEGE LANE


SORRY IF

UNIVERSITY OF ST ANDREWS

Scotland's No.1 University

The University of St Andrews is one of the most historic and scenic universities in the world. Set on Scotland's east coast, its ancient buildings, cobbled streets, and sea views create an inspiring setting for learning and discovery.

Known as the spiritual home of golf, St Andrews blends tradition with academic excellence. It's just over an hour from Edinburgh and its international airport, with regular links across the UK and beyond.

Consistently ranked among the UK's top universities, it recently placed 1st in Scotland and 2nd nationally. The university is known for academic rigour and strong student support.

St Andrews is also rated among the UK's safest towns, with 24-hour pastoral care to support student wellbeing.

Edinburgh Airport offers direct international flights, making travel to St Andrews smooth and convenient.














THE
INTERNATIONAL
SUMMER SCHOOL
FOR
ACADEMIC
EXCELLENCE



ACADEMIC STUDY

Each morning you will immerse yourself in one academic subject of your choice, with three hours of focused study, expanding your knowledge and skills in a supportive, engaging environment. The subjects on offer are:

- ✔ Intensive English
- ✔ Advanced English with Study Skills (Pre IB/ GCSE)
- ✔ Global Entrepreneurship
- ✔ Global Leadership
- ✔ Medicine
- ✔ Computer Coding & AI

Classes take place in a friendly team environment - you'll feel valued and supported throughout. Teachers are responsive to students' needs, starting sessions with goal setting, and ending with reflection on outcomes.

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FULL ENGLISH IMMERSION AT ISSFT

English is our shared language throughout the summer school, from lessons and activities to mealtimes, social events and excursions. We cap enrolment from any one nationality at 10% per session, so students use English every day as they learn and make friends with peers from around the world.

Students who choose a dedicated English course take a first-day assessment to place them at the right level.

1. **Basic A1-A2**
2. **Independent B1-B2**
3. **Proficient C1-C2**

In small classes, English course students build confidence and fluency through practical tasks that develop their reading, writing, listening and speaking skills. At the end of the programme, they receive a personalised report on their strengths, progress and areas for further development.





INTENSIVE ENGLISH

A1-B2

Sessions are conducted in a full English immersion environment and designed to promote proficient use of grammar, vocabulary, pronunciation, speaking, listening, reading, writing and conversational English.

Our classes include:

- ✔ Delivered by qualified CELTA/TEFL English teachers
- ✔ Project orientated lessons requiring students to present information to the class using their spoken language skills
- ✔ Reading from modified texts and learning various strategies to assist with comprehension
- ✔ Develop analytical skills to interpret literature and images
- ✔ Writing daily, practising grammatical structures and learning new vocabulary. (Students will write a variety of personal narratives, descriptions, reports, poems, and creative fiction)

Available at: ✔ St Andrews ✔ Oxford

ADVANCED ENGLISH WITH STUDY SKILLS

C1–C2

This course is designed for high school students who wish to enhance their academic English proficiency and develop the study skills required for success in both secondary and higher education. Through engagement with a variety of texts and tasks, students will strengthen their reading, writing, listening, and speaking skills while also acquiring effective strategies for note-taking, critical analysis, organisation, and independent research.

Learning outcomes include:

- ✔ Developing strong academic writing and comprehension skills across essays, reports, and presentations
- ✔ Expanding vocabulary and improving grammar for formal and academic contexts
- ✔ Building effective study habits, including time management, revision, and exam strategies
- ✔ Gaining confidence in understanding and using English in both academic and real-world situations

Available at: ✔ St Andrews ✔ Oxford





GLOBAL ENTREPRENEURSHIP

A great class for budding entrepreneurs or aspiring business people, this course is also ideal for anyone interested in debate, problem solving and leadership.

The structure is hands-on and practical. Students suggest their own ideas and then use them to explore commercial concepts like product development, business planning, competitive advantage, customer demographics and marketing. Issues around social responsibility and environmental impact will be discussed, as well as financing and networking.

Learning outcomes include:

- ✔ An understanding of project management, strategy and teamwork
- ✔ Presentation skills that can be applied to university and job applications
- ✔ Creative thinking on a global scale
- ✔ Understanding the relationship between technology and the modern economy
- ✔ Learn more about the innovation process

Available at: ✔ St Andrews

GLOBAL LEADERSHIP

This class introduces the study of economic, social, political and philosophical thought with the aim of having a transformative effect on students' intellectual lives. It combines some of the most fundamental approaches to understanding the world around us, developing valuable skills for future studies, as well as a wide range of careers and activities.

Learning outcomes include:

- ✔ Exploring how we make sense of the world around us
- ✔ Examining the concepts and values used in political and economic analysis
- ✔ Explaining the choices that political systems must regularly make
- ✔ Studying the effect of economics on governmental policymaking
- ✔ Developing effective presentation, research and writing skills
- ✔ Learning how to debate effectively and to see other points of view

Available at: ✔ St Andrews ✔ Oxford





MEDICINE

Our Introduction to Medicine course invites teenagers to explore the fascinating world of healthcare and medical science. Guided by experienced educators and professionals, students gain an inspiring first look at how the body works, how doctors diagnose and treat illness, and how medical research shapes the future of global health. Each session blends engaging theory, lively discussion, and practical case studies — giving students a genuine taste of what it's like to study medicine at university level.

Learning outcomes include:

- ✔ Understand key body systems and basic anatomy
- ✔ Learn how doctors approach diagnosis
- ✔ Explore common medical conditions and treatments
- ✔ Discuss real-world medical ethics
- ✔ Gain confidence in scientific thinking and teamwork

Available at: **✔ St Andrews ✔ Oxford**

COMPUTER CODING & AI

Students explore the exciting world of coding, computer science and artificial intelligence through practical, hands-on learning. The course encourages them to create, experiment and solve problems while developing valuable skills in creativity, critical thinking and teamwork—preparing them for future study and careers in an increasingly digital world.

Learning outcomes include:

- ✔ The fundamentals of coding and computer science
- ✔ An introduction to artificial intelligence
- ✔ Practical experience with Python, HTML and CSS
- ✔ Game design, animation and app development
- ✔ Opportunities to explore robotics and virtual reality
- ✔ Responsible and creative uses of AI
- ✔ Future STEM pathways and technology careers

Available at: ✔ Oxford





THE INTERNATIONAL SUMMER SCHOOL FOR SPORTS AND ART





ELECTIVE STUDY

The elective element at ISSFT is the counterpart to academic classes. While still structured and disciplined, it gives students a chance to enjoy a sporting or creative activity to further develop their knowledge and skills.

You'll choose one elective at the beginning of the programme, pursuing it for three hours a day. Choose from:

- ✔ Golf
- ✔ Tennis
- ✔ Theatre
- ✔ AI and Computer Science
- ✔ Sports Leadership
- ✔ Photography & Digital Media

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GOLF

Our exclusive golf camp introduces teenagers, regardless of their ability, to some of the world's most interesting and famous courses whilst providing specialist tuition to improve their game (and handicap if applicable).

Our classes cover:

- ✔ Golf tuition from our PGA qualified Golf Coaches who are renowned specialists in junior golf coaching
- ✔ For Beginners, we offer a perfect introduction to golf. Our PGA coaches teach all the basics, from chipping and bunker shots to the importance of etiquette and the rules of the game
- ✔ For Intermediate to Advanced players, our specialist coaches evaluate and work with students on an individual basis to improve their game with the aim of reducing their handicap. Lessons cover swing improvement, short game, distance control and mental focus

Available at: ✔ St Andrews ✔ Oxford





TENNIS

Our flexible tennis programme welcomes players of all abilities, encouraging every student to improve their skills, fitness, and match strategy. As with all sports at ISSFT, the focus is on teamwork, personal growth, and enjoyment. Students benefit from expert coaching delivered by LTA-certified professionals and have access to a variety of indoor and outdoor courts, featuring different playing surfaces to enhance their development and adaptability.

Learning outcomes include:

- ✔ Improved technical ability and game understanding
- ✔ Greater focus, concentration, and coordination
- ✔ Personal evaluation with tailored improvement plans
- ✔ Enhanced fitness, agility, and endurance
- ✔ Tactical awareness and match-play strategy
- ✔ Practice on a variety of playing surfaces
- ✔ Coaching from expert LTA-certified professionals
- ✔ Preparation for competitive performance

Available at: ✔ St Andrews ✔ Oxford

THEATRE

Our theatre class is inclusive and open to students of all ages, levels and experience. It's perfect for anyone with a serious interest in theatre, but equally beneficial to those who may just benefit from improved confidence, communication and presentation skills.

Students work as a group to learn about different types of theatre and how they reflect the context of the cultures and ages that produced them. Theory is complemented by hands-on work culminating in a Summer School production.

Learning outcomes include:

- ✔ Improved technical ability and theoretical understanding
- ✔ Skills development
- ✔ Experience in contemporary performance
- ✔ An appreciation of forms, practices and traditions in theatre

Available at: ✔ Oxford





AI AND COMPUTER SCIENCE

If you're into computer science, general science or mathematics, or you're interested in game design and app development, this coding class is for you.

The course covers the fundamentals of coding, theory, language and animation. You'll work on a range of projects, gaining an understanding of STEM subject areas for future study and career opportunities. The class will develop problem solving, teamwork and communication skills.

Learning outcomes include:

- ✔ Ability to plan and write code
- ✔ Development of problem-solving, logic and analytical skills
- ✔ An introduction to Python, CSS and HTML programming languages
- ✔ An Introduction to Data Science
- ✔ Design and application of games, apps, robotics and virtual reality

Available at: ✔ St Andrews

SPORTS LEADERSHIP

This class focuses on leadership through the medium of sport, teaching principles and developing skills which will have positive outcomes both on the playing field and in the wider world of work and study.

The course develops self-confidence and ability through active indoor and outdoor pursuits, with access to a wide variety of sporting facilities within a setting of beautiful British countryside. You'll develop leadership skills through teamwork, communication and goal-setting.

Learning outcomes include:

- ✔ Increased confidence and resilience
- ✔ Better teamwork and communication skills
- ✔ Improved planning and organisational skills
- ✔ Increased self-motivation

Please note: Activities will vary between campuses. Please contact admissions for details.

Available at: ✔ St Andrews ✔ Oxford





PHOTOGRAPHY & DIGITAL MEDIA

In today's digital world, everyone's a photographer, but there's more to photography than just point-and-shoot. This practical elective, for beginners and seasoned photographers, covers camera basics, advanced techniques, and digital editing, plus social media content creation.

Through hands-on assignments, you'll refine your skills and develop your creative voice. By the end, you'll have a mini portfolio of your best work, ready for future projects or a career in digital media.

Learning outcomes include:

- ✔ Camera Basics
- ✔ Composition and Lighting
- ✔ Digital Editing
- ✔ Social Media Content Creation
- ✔ Portfolio Building

Available at: ✔ St Andrews ✔ Oxford



THE INTERNATIONAL
SUMMER SCHOOL
FOR

ACTIVITIES & ENTERTAINMENT





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ACTIVITIES AND SOCIAL EVENTS AT ISSFT

OUR SCHOOL TAKES PLACE DURING THE SUMMER HOLIDAYS, AND FUN IS PART OF THE PACKAGE. AS WELL AS ACADEMIC, SPORTING AND CREATIVE CLASSES, ALL OF OUR PROGRAMMES INCLUDE A HUGE RANGE OF EXCITING ACTIVITIES TO HELP STUDENTS MAKE FRIENDS, RELAX AND RE-ENERGISE.
THE LONG, LIGHT EVENINGS OF THE BRITISH SUMMER MEAN WE CAN OFFER PLENTY OF ACTIVITY IN THE FRESH AIR, AS WELL AS INDOORS.





All students are required to take part, with many games and activities* split into houses to encourage team building and friendly competition. There's the chance to try new things, discover new interests and generally have lots of fun!

Activities:

- ✔ Hiking*
- ✔ Raft-building*
- ✔ Skate Boarding*
- ✔ Softball
- ✔ Swimming*
- ✔ Ultimate Frisbee
- ✔ Trampoline*
- ✔ Yoga & Martial Arts
- ✔ Dodgeball
- ✔ Soccer
- ✔ Badminton
- ✔ Volleyball
- ✔ Table Tennis
- ✔ Arts and Crafts
- ✔ Cookery*
- ✔ Fencing
- ✔ Horse Riding*
- ✔ Plus More

Evening Programme:

- ✔ Talent Show
- ✔ Fashion Show
- ✔ Roller Disco
- ✔ Plus More

Evening House Programme:

- ✔ Dodgeball
- ✔ Ultimate Frisbee
- ✔ Basketball
- ✔ Softball
- ✔ Plus More

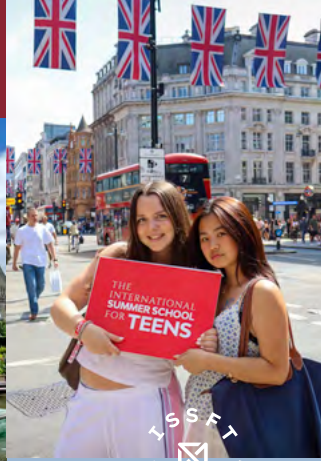
Final Week Evening Programme:

- ✔ Theatre Performance
- ✔ ISSFT House Final
- ✔ Prize Giving
- ✔ Ceilidh
- ✔ Gala Dinner and Disco
- ✔ Plus More

Please note: Activities will vary between campuses.. Please contact admissions for details.







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EXCURSIONS ISSFT OXFORD

OXFORD'S UNPARALLELED SURROUNDINGS, INSPIRATIONAL LANDMARKS, AND MODERN SHOPS AND CAFES, MAKE IT PERFECTLY PLACED FOR CREATING NEW MEMORIES. FURTHER AFIELD LIE SOME INTERESTING CULTURAL, HISTORICAL PLACES SUCH AS STRATFORD UPON AVON THE BIRTHPLACE OF WILLIAM SHAKESPEARE AND LEISURE ATTRACTIONS, INCLUDING A WATER PARK.







Excursions will be tailored to suit the interests of students, the weather and available time, but are likely to include these destinations:

London Experience

London is blessed with a plethora of world-famous sites and attractions. Students will have the chance to visit the London Eye, Madame Tussauds, The Tower of London, Big Ben, Harrods and plenty more. They will also have ample opportunity to shop and socialise in the extensive range of trendy shops and buzzing cafés that make up the city centre.

Warwick Castle

Founded in 1068 by William the Conqueror, Warwick Castle is one of the most magnificent medieval structures in England, complete with soaring turrets, a vast portcullis, a spooky dungeon, and sky-high walls. It is also home to one of the largest private medieval weaponry collections throughout the United Kingdom and offers 64 acres of beautifully landscaped gardens for students to explore.

Oxford City

The centre of Oxford is dominated by prominent University colleges, along with a plethora of world-famous sites and attractions. Students will have the chance to shop and socialise in the extensive range of eclectic shops and cafes that make up this beautiful and unique city.











EXCURSIONS ISSFT ST ANDREWS

RICH IN COASTAL BEAUTY, HISTORIC CHARM, AND ACADEMIC TRADITION, ST ANDREWS AND THE SURROUNDING FIFE REGION OFFER A TRULY IMMERSIVE SCOTTISH EXPERIENCE. OUR DYNAMIC TWO-WEEK PROGRAMME INCLUDES TIME FOR CAREFULLY CURATED DAY TRIPS TO NEARBY CITIES AND CULTURAL LANDMARKS – FROM MEDIEVAL CASTLES AND MUSEUMS TO THE VIBRANT STREETS OF EDINBURGH AND THE WORLD-FAMOUS OLD COURSE.





Excursions will be tailored to suit the interests of students, the weather and available time, but are likely to include these destinations:

Edinburgh

Scotland's capital is one of the world's most beautiful and historic cities. Students experience Edinburgh's magnificent architecture, vibrant cultural life, fascinating museums and galleries, and the world-famous Edinburgh Castle, enjoying an unforgettable introduction to Scotland's history and heritage.

Glasgow

Once known as the Second City of the Empire, Glasgow is now one of Scotland's most vibrant and culturally exciting destinations. Students experience the city's impressive architecture, renowned museums and galleries, and some of the best shopping in the UK outside London, enjoying an exciting combination of history, culture and modern city life.

Beach Sports Activity

Students enjoy an exciting afternoon of beach games, team-building challenges and activities in the sea along Scotland's spectacular coastline.

St Andrews

St. Andrews is a historic seaside town known for its many golf courses, including the Old Course. On a headland nearby are the ruins of St. Andrews Castle, with its medieval bottledungeon. Students will spend the day exploring the historic buildings, relaxing on the beach, shopping, buying treats in the cafés and even trying fish and chips.

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